

STROKE AWARENESS

Learn the warning signs

B

BALANCE

Sudden
loss of
balance

E

EYES

Blurred
or loss of
vision

F

FACE

One side
droops

A

ARMS

Can't
raise one
arm

S

SPEECH

Slurred
speech

T

TIME

Call 9-1-1
if you see
these
signs



American Heart Association
American Stroke Association
CERTIFIED
Meets standards for
Primary Stroke Center
Concord Medical Center



American Heart Association
American Stroke Association
CERTIFIED
Meets standards for
Comprehensive Stroke Center
Walnut Creek Medical Center

To learn more about our stroke program, visit johnmuirhealth.com/BEFAST